

## EMOTIONAL LITERACY SUPPORT

*Please use this form when you are considering if a child would benefit from ELSA support. It should be completed by the referring adult in discussion with the ELSA.*

Name of child:

Dob:

NC Year group:

Background information:

Please use the following table to help prioritise key areas to target:

	Skill	Ability				
		1 very poor	2	3	4	5 very good
Emotional awareness	ability to recognise how they feel					
	ability to say how they feel and why					
Social skills	making eye-contact					
	taking turns					
	speaking in a pleasant tone of voice					
	sharing					
	asking for help					
	paying attention when spoken to					
Friendship skills	ability to initiate friendships					
	ability to maintain friendships					
	understanding what friends do and do not do					
Self-esteem	ability to identify strengths					
	ability to accept praise					
	ability to accept constructive criticism					
	perseverance for tasks they find difficult					
	ability to cope with new experiences/change					
Anger management	ability to recognise when feeling angry					
	knowledge and use of strategies to help calm down when angry					
	ability to seek adult help when angry/frustrated					

## Aims and Review

*Please consider carefully what you would like to be different as a result of ELSA support. Targets should be agreed by all those involved. Consider how the targets will be reinforced and maintained outside of ELSA sessions.*

*The review should be filled in with discussion with the referring adult.*

<b>Target</b> By the end of the ELSA programme it is hoped.....will be able to:	<b>Review</b> Programmes should normally be completed between 6 – 10 weeks. How well did we do?
1.	1.
2.	2.
3.	3.

Targets should be clear and measurable. In some cases (such as with regards to self-esteem) the target may be behavioural in nature. Some examples are as follows:

- James will be able to take turns with another child in a simple game.
- Jane will be able to recognise when she is feeling happy, sad and upset and label these feelings.
- Hannah will be able to talk about what makes her angry and be able to use a couple of strategies to feel calmer.
- Ben will be able to ask to join in a game with a couple of his peers.
- Joshua will be able to talk with an adult as part of a trusting relationship.
- We will be able to notice more occasions when Anna is smiling.